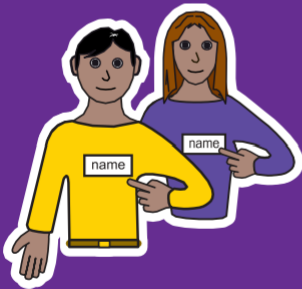


About the end of my life

what I want to happen



my plan



This is a book to help you plan for what would happen if you were to die.

It is to help you make decisions while you are well so that everyone will know what you want.

It does not mean that you cannot change your mind later if you want to.

My name is

.....

My NHS number is

.....

I have agreed to put together this plan about the end of my life.

Signed

.....

I live at

Address

.....

.....

Telephone

.....



This is my next of kin

.....



Address.....

.....

.....

Telephone.....



More information about me and my health can

be found in:.....

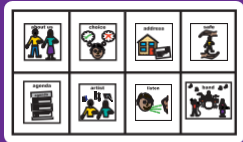
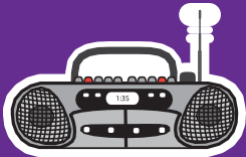
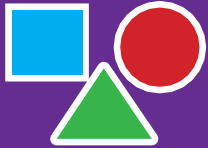
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.....

.....



(please ask me before reading them)



I find things are easier to understand if they use
(please tick):

Big Writing

Objects

Photographs

DVD/Film

Pictures

Audio

Symbols

Read to me

Other
Other



This is the kind of support I need

.....
.....
.....



These are things that can help me to relax

.....
.....
.....



What to do if I feel very poorly

.....
.....
.....



These are things I may need

.....
.....
.....



Your Faith

A person may have a faith that affects the care they receive.



I have a faith

These are things that I may need because of my faith

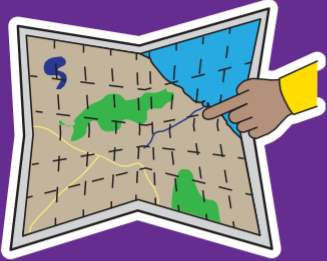
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My Funeral



I would like my funeral to be here

.....
.....
.....



I would like these people to be invited to my funeral



.....
.....
.....
.....
.....



I want flowers at my funeral

My favourite flowers are

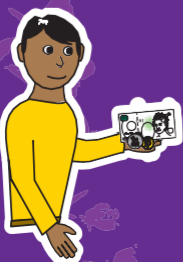
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I don't want flowers

I want people to give money to this charity

.....
.....





These are the people who are most important to me

.....
.....
.....

If I am not going to get better this is where I would like to be when I die

Home Hospital Hospice



These are some of my things that are important to me



.....
.....
.....

When I die this is what I want to be done with all of my belongings



.....
.....
.....
.....

Have you made a will?

Yes

No





These are my favourite songs, hymns, records, music and prayers for my funeral service

.....
.....
.....



I want these things to happen at my funeral service

.....
.....
.....



After I die I want to be



Buried at.....

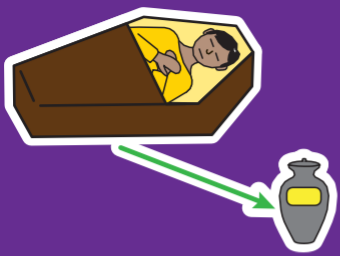
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I want my grave to be marked with

.....
.....
.....
.....





Cremated at.....

.....
.....



I want my ashes to be

.....
.....
.....



I want a plaque to show where my ashes are.

Yes



No



Would you like to know more about organ donation?

Yes



No



For more information about organ donation read the leaflet 'Organ and Tissue Donation: A leaflet for people with learning disabilities' or go to www.organdonation.nhs.uk



I was helped to decide about the end of my life by

.....
.....

