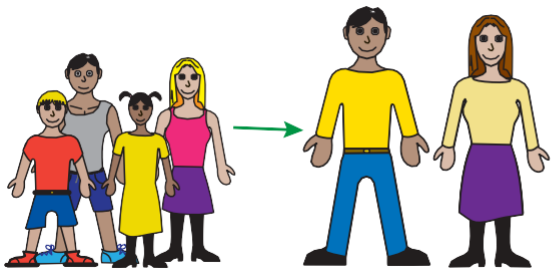
Get Checked Out

North Wales

# Annual Health Check Standards

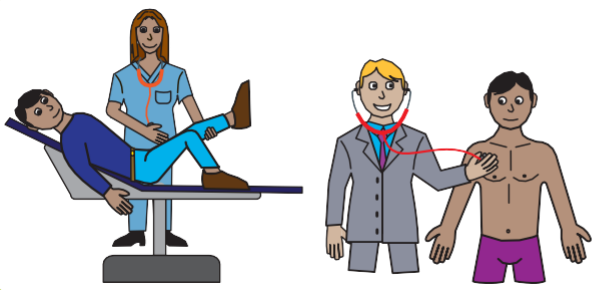
## Did you know?

North Wales Together
Gogledd Cymru Gyda'n Gilydd
*Seamless services for people with Learning Disabilities*
*Gwasanaethau Ddi-dor i bobl ag Anableddau Dysgu*



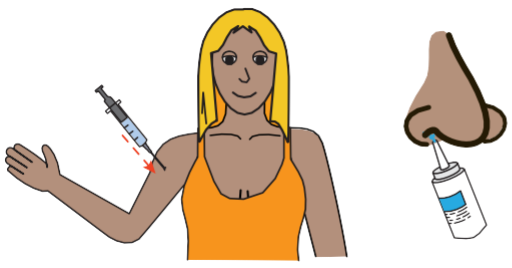
- All people with a Learning Disability from the age of 18 are entitled to an annual Health Check.

- An Annual Health Check should be a minimum of 30 minutes.

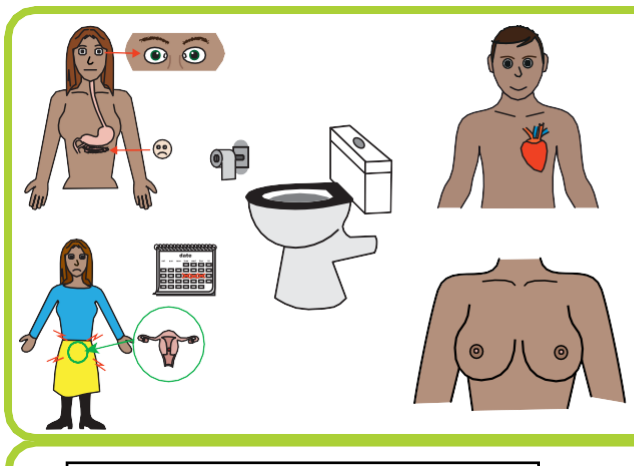


- The annual Health check should include a physical examination.

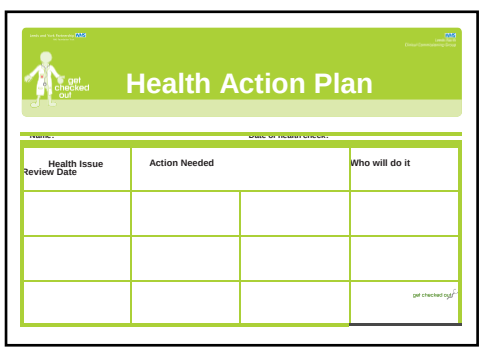
- The Doctor should ask about everything in the Get Checked Out checklist.



- From October each year citizens should be offered the Influenza Vaccine Free of charge.



- The Doctor should talk about or offer appropriate National Health Screening. More information can be found in the Get Checked Out checklist.




- The Doctor should provide an Health Action Plan at the end of the Health Check stating either :
- The person is fit & Well and to return in a year for an Annual Health Check.
- Health issues identified and support needed.

If you experience issues with the Annual Health Check contact
Telephone: Email: